Cultura (V.I.)

Mate



Read [this article](https://www.latimes.com/archives/la-xpm-1988-08-10-mn-143-story.html) about the South American tradition of *mate.* Then, complete the questions.

Parte 1:

Match the correct vocabulary from Spanish to English.

1. bombilla \_\_\_\_ a.) kettle
2. mateína \_\_\_\_ b.) caffeine
3. mate\_\_\_\_\_ c.) straw
4. pava \_\_\_\_ d.) calabash/gourd
5. yerba \_\_\_\_ e.) herbs/leaves

Parte 2:

1. **True** or false? Mate is enjoyed both with friends and if you are alone.
2. *Yerba mate* is made from the l**eaves of a tree** and **is drunk from an apple-sized calabash, through a finely crafted silver tube equipped with a bulbous filter.**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
3. **True** or false? *Mate* is enjoyed by the wealthy and poor alike.
4. *Yerba mate* is\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a.) a ritual c.) a coffee drink e.) A, B and C

b.) a cherished beverage **d.) A and B**

1. *Mate* comes from the **guarani indigenous** tribe of Argentina, Uruguay, Paraguay and Brazil.
2. Almost more important than mate, is the elaborate \_\_\_\_**custom**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of preparing and consuming it.
3. True or **false**? *Yerba mate* is usually only consumed in the early morning to give people a caffeine boost.
4. True or **false**? *Yerba mate* is only served hot, never iced.
5. How many vocabulary words are there that relate to *yerba mate* in Spanish? **2000**
6. Select all the examples of bad manners/form when preparing or drinking yerba mate:

**a.) boiling the water** **c.) moving the *bombilla* around when drinking**

b.) having your pinkie finger outd.) adding milk and/or sugar

1. Put the steps of preparing *mate* in the correct order (1-6.)

\_\_\_\_**5**\_ shift the *bombilla* to the other side of the mate

\_\_\_**3**\_\_ heat the water in the *pava*

\_\_\_**1**\_\_ fill the calabash almost to the top with *yerba* leaves

\_\_**6**\_\_\_ refill with more hot water as needed

\_\_\_**2**\_\_ dampen the herb with warm water

\_\_\_**4**\_\_ add the hot water to the *yerba*

1. First-time yerba mate drinkers might describe the flavor as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a.) sweet c.) A and D **e.) B and D**

b.) bitter d.) strong

1. **True** or false? *Yerba mate* is often passed around and shared among friends.
2. In the past, wealthy households had \_\_\_**two servants**\_\_\_\_\_\_\_\_\_\_\_\_\_\_ whose only job was to prepare yerba *mate*, and the *mates* themselves were made of \_\_**pure** \_\_\_\_**silver\_**\_\_\_\_\_\_ and gold.
3. Hector da Rosa describes *mate* as a sacred tradition that \_\_\_\_\_**brings**\_\_\_\_\_\_\_\_\_\_ different groups together.
4. True or **false**? People drink sweetened and unsweetened *yerba mate* in the same *mate*.
5. Both *yerba mate'*s \_\_\_\_**caffeine**\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_**\_water**\_\_\_\_\_\_\_\_\_\_\_\_ have helped generations of Argentines survive without many fruits or vegetables in their diet.
6. *Mate*'s cultivation began in the \_\_\_\_\_\_late **1500s**\_\_\_\_\_\_\_\_\_\_\_ century.
7. Consumption of *mate* in Argentina totals \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ tons per year.

**a.) 175,000** c.) 1,000

b.) 40,000 d.) 210,000

1. **True** or false? *Mate* is a popular export to a number of countries around the globe.
2. *Mate* is rich in\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

a.) B vitamins c.) sulfur

b.) vitamin C **d.) A, B and C**

Parte 3:

Escribe en español sobre la tradición del *mate* en frases completas.

1. ¿Te gusta beber té (tea?) ¿Por qué sí o no? **Me gusta porque tiene cafeína y es una tranquila la experiencia.**
2. ¿Piensas que la preparación del mate es elaborada (elaborate?) **Si** **la preparación del mate es un poco elaborada.**
3. ¿Te gustaría (would you like) beber el mate el día entero (entire?) ¿Por qué sí o no? **Si me gusta el beber mate.**
4. ¿Cuál es más rico: el café o el té? Explica tu respuesta. **Me gusta el café porque es amargo y es muy energizante.**
5. En tu opinión, ¿es *el mate* una tradición inclusiva o exclusiva? **En mi opinión el mate es inclusivo.**
6. ¿Has probado (have you tried) *yerba mate* o no? **No hay probado.**